



Washington Metropolitan Society of Health System Pharmacists Newsletter

September 2022
Volume 2

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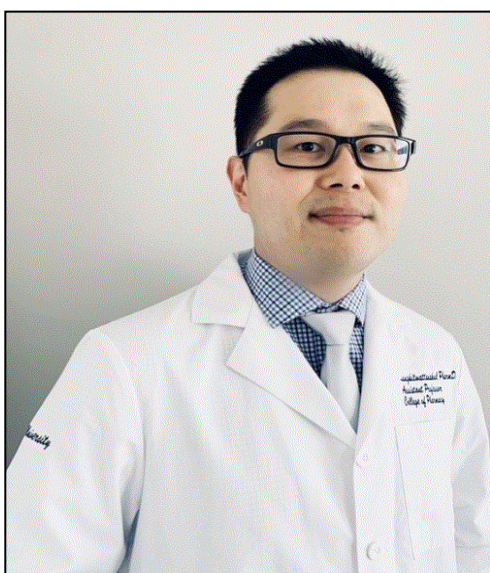
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WMSHP website:
www.wmshp.org



Message from the WMSHP President

Hello WMSHP members,

Time flies very quickly and I just cannot believe that 2022 is coming to an end very soon. Summer is also almost over. For all members who have gardened throughout the summer, I guess we can all see that the leaves have started to change colors and we are getting close to wrapping up the season. For the society, the summer of 2022 has brought us several events. Starting in May, we had a successful virtual seminar offering 6 CE credits. The seminar provided specific CEs for Washington D.C. Metropolitan Area including topics in transgender health and LGBTQ. In the Fall, we plan to provide another virtual seminar with a focus on HIV pharmacotherapy to help with members who still need HIV CE credits for the upcoming cycle of license renewals. This summer we have also been fortunate to be able to host several dinner symposiums on various interesting topics. We would like to sincerely thank Pharmacy Times and Novo Nordisk for your support of our society!

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Welcome Tejona Johnson-Moore, our new Student Editor



Hello all, thank you all for the opportunity to become a member of such a prestigious newsletter publishing team. For those of you who may not know much about me, my name is [Tejona Johnson-Moore](#) and I am from Delaware. I am currently a rising 2nd year pharmacy student at Howard University's College of Pharmacy. During my first year of pharmacy school, I was the class president while being involved in various organizations. Handling my responsibilities as class president while maintaining my academics was challenging at times, but I am grateful for my strong support system and the belief within myself to keep pushing through.

Cont. page 2

New Editor from page 1

I was able to successfully pass all of my first-year courses. Again, thank you all for the warm welcomes and I look forward to working with you all soon! Tejona

Editors Note

We look forward to working with Ms. Johnson-Moore and hope to see articles from Howard University Student Authors. Go Bisons!

Sponsor Spotlight



From left to right: Heidi Carroll, Krystal McLearn and Beth Walker of NovoNordisk
Editors Note: NovoNordisk sponsored our July 28 and is sponsoring our upcoming September 14 seminar events.

Heidi Carroll was born and raised in Memphis, TN where she received a B.A. degree in Business Admin from Rhodes College. She went on to earn her MBA from Washington University in St. Louis, Mo. She worked for IBM and Coca-Cola in marketing/sales before finding her home in pharmaceutical sales at Johnson & Johnson. She worked in a variety of therapeutic areas including gastroenterology, cardiology, psychology, and diabetes. She joined NovoNordisk in 2018 where she is currently serving as a Senior Diabetes Care Specialist. She works with healthcare professionals to educate them on NovoNordisk's products and services for patients with Type 2 diabetes. She enjoys educating and bringing together the different components of patient support like patient-centered medical home, pharmacy, diabetes educators, and other healthcare professionals. Other hobbies/facts: she likes gardening and cooking, and has won ribbons in the County Fair for candy, applesauce, pickles, etc.

Krystal McLearn received her degree in English with a minor in Education at Spelman College in Atlanta, Georgia. Krystal had aspirations of becoming a teacher up until her mother convinced her to change her career goals to something entirely different. Krystal used her combined skills of a passion for people and the sciences to start her career in sales. In 2004, she became a Pharmaceutical Sales

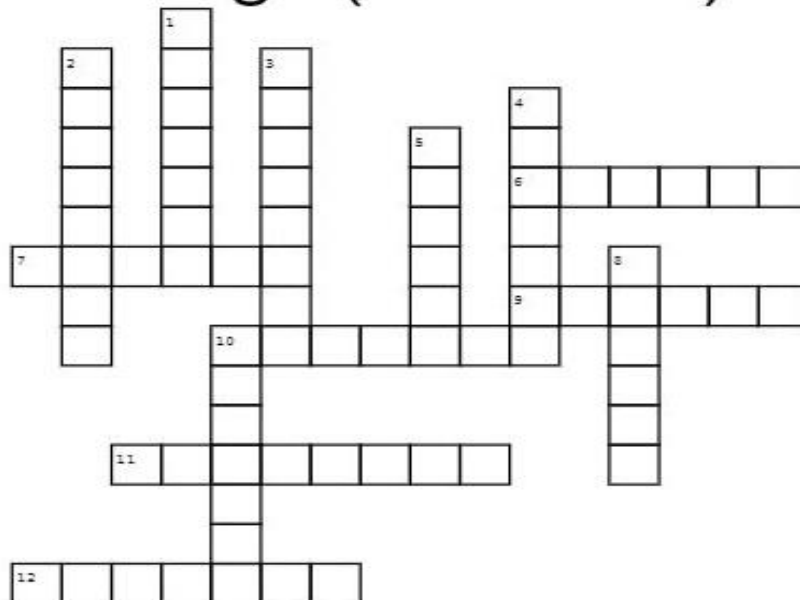
Representative. In 2007, Krystal joined Novo Nordisk Pharmaceuticals. Her current role is an Executive Diabetes Care Specialist. With this role, she communicates with medical professionals to educate them on Type 2 diabetes. This includes the disease state, clinical efficacy and safety, and FDA-approved Novo Nordisk medications/pricing. She has been with this prestigious company for almost 18 years.

Cont. on page 3

In the near future, she is looking into exploring more leadership opportunities. For fun, Krystal enjoys spending time with her two sons, writing poetry, and creating beautiful works of art for her collection, Dope Art Energy.

Beth Walker graduated from the University of Pittsburgh, Johnstown, with a dual major in Business Management and Finance. She started her Pharmaceutical Career in 1998, with a small pharmaceutical company, and joined Novo Nordisk in 2004. While at Novo she has had many different roles including Executive Diabetes Care Specialist, Hospital Diabetes Care Representative, Regional Field Trainer and currently Endocrinology Diabetes Care Representative. In her free time, she enjoys spending time with her family, working out to stay healthy, reading mystery/crime fiction novels, and is attempting her hand at painting

Disease Modifying Anti-Rheumatic Drugs (DMARDs)



Down:

1. generic name is tofacitinib
2. a human interleukin-17A antagonist, latex-sensitive individuals should use caution
3. a JAK inhibitor; the only FDA approved indication is rheumatoid arthritis
4. developed by Bristol-Myers Squibb for the treatment of rheumatoid arthritis, also approved for juvenile idiopathic arthritis
5. a TNF blocker; one of the approved indications is non-radiographic axial spondyloarthritis
8. has a citrate-free version for less pain following an injection
10. indicated for rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, and ulcerative colitis; manufactured by Janssen

Across:

6. a TNF inhibitor approved to treat five diseases across rheumatology and dermatology, manufactured by Amgen
7. one of the FDA approved indications is Behcet's disease
9. approved by the FDA in March 2018, the only FDA approved indication is for plaque psoriasis
10. indicated for plaque psoriasis, psoriatic arthritis, Crohn's disease and ulcerative colitis, comes in two strengths 45 mg and 90 mg
11. indicated for atopic dermatitis, asthma, and chronic rhinosinusitis with nasal polyps
12. a humanized monoclonal antibody that is an interleukin-23 inhibitor and manufactured by AbbVie

Crossword Challenge

The first person to send a picture of the correct completed Crossword Challenge to 301-221-7461 with their name and physical mailing address will receive a small pharmacy-themed gift. In the next issue, an answer key will be provided with a listing of all who had sent in a correct and completed Crossword Challenge.

WMSHP Recent Events

Summer is normally a time for family vacations. However, WMSHP has had a busy summer with three well attended events. Please note we have another event planned for Sept 14th as outlined in our Presidents Column and attachment.

July 28, 2022

Seminar Title Ozempic: Now More Options for More Control for Your T2D Patients

Venue: The Capital Grille - Chevy Chase, Maryland

Seminar: Ozempic: Now More Options for More Control for Your T2D Patients

Presenter: Majd Hakim, MD

Sponsored by Novo Nordisk

July 31, 2022

WMSHP Annual Picnic

Venue: Cabin John Regional Park Bethesda, Maryland

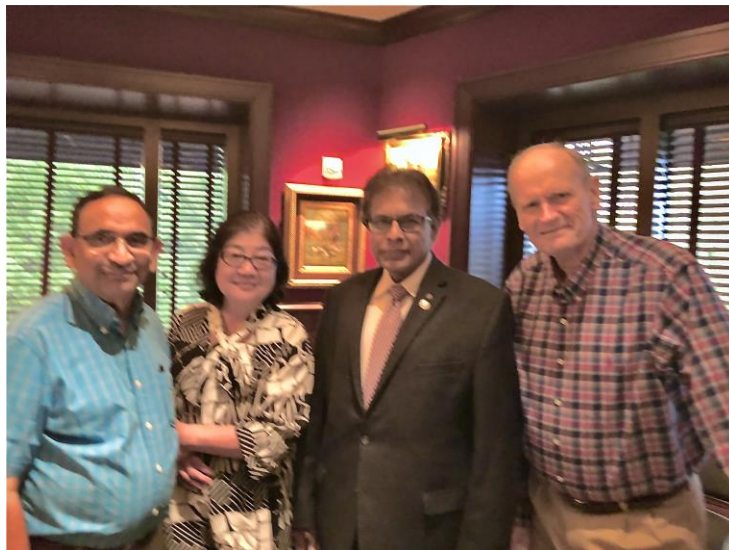
August 17, 2022

Management of Non-Small Cell Lung Cancer with KRAS, Med, and RET Mutations and the Pharmacists Impactful Role

Venue: The Stanford Grill Rockville, Maryland

Presenter: Josiah D. Land, PharmD, BCOP, Clinical Pharmacist Specialist- Thoracic Medical Oncology, Department of Pharmacy, Memorial Sloan Kettering Cancer Center, New York, NY

Sponsored by Pharmacy Times (www.pharmacytimes.com)



July 28th - The Capital Grille - from left to right: Beatrix Lam, Adbul Khan, Former WMSHP Presidents Puri Subramaniam and Mike Edwards.



July 28th - The Capital Grille - Dr. Hakim the Presenter is on the far right

OZEMPIC® Phase 3 Clinical Trial Program^a

vs Placebo,
Monotherapy (N=388; 30 weeks)¹

vs Januvia® (sitagliptin)
+ MET, TZD, or MET + TZD (N=1231; 56 weeks)¹

vs Bydureon® (exenatide ER)
+ MET ± SU (N=813; 56 weeks)¹

vs Lantus® (IGlar U-100)
+ MET ± SU (N=1089; 30 weeks)¹

vs Placebo + basal insulin
± MET (N=397; 30 weeks)¹

OZEMPIC® + SOC vs placebo + SOC^b
+ 0-2 OADs ± basal or premixed insulin (CVOT) (N=3297; 104 weeks)²

vs Trulicity® (dulaglutide)
+ MET (N=1201; 40 weeks)³

vs Invokana® (canagliflozin)
+ MET (N=788; 52 weeks)⁴

vs Placebo + SGLT-2i
± MET or SU (N=302; 30 weeks)⁵

vs liraglutide 1.2 mg
+ 1-3 OADs (N=577; 30 weeks)⁶

OZEMPIC® 1 mg vs 2 mg
+ MET ± SU (N=961; 40 weeks)¹

Drug-naïve

Other antidiabetic drug

Insulin

rial; ER=extended release; FDA=US Food and Drug Administration; IGlar=insulin glargine; MET=metformin; OAD=oral antidiabetic drug; SGLT-2i=sodium-glucose cotransporter-2 inhibitor; SU=sulfonylurea; TZD=thiazolidinedione.

emic control trials, 2 Japanese trials (n=909) were incorporated into the pool of safety data within the FDA-approved label. These trials evaluated the use of OZEMPIC® as add-on to oral medications or insulin¹; ^bInvestigators were encouraged to treat all patients according to local guidelines, leading to the addition of cardiovascular medication and

age insert]. Plainsboro, NJ: Novo Nordisk Inc; 2022. 2. Marso SP et al. *N Engl J Med*. 2016;375(19):1834-1844. 3. Pratley RE et al. *Lancet*.

. 2018;6(4):275-286. 4. Lingvay I et al. *Lancet Diabetes Endocrinol*. 2019;7(11):834-844. 5. Zinman B et al. *Lancet Diabetes Endocrinol*.

. 6. Capehorn MS et al. *Diabetes Metab*. 2020;46(2):100-109.

Please see Important Safety Information on slides 12-14.

ONCE-WEEKLY
OZEMPIC®
canaglutide injection

July 28th -The Capital Grille - Comparisons of effectiveness of different diabetic medications



July 28th - The Capital Grille



July 28th - The Capital Grille



July 31st - Picnic WMSHP Secretary Han and WMSHP President Rungkitwattanakul display raffle prizes



July 31st - Picnic Former WMSHP President Puri Subramaniam, current WMSHP President Elect Meenakshi Shelat and Sue Carr founder and President of CarrTech Corporation





July 31st Picnic - left to right: Dr. Ferdaus Hassan PhD .Medical Science Liaison Sanofi Pasteur, Former Presidents Puri Subramaniam and Ashok Ramalingam RPh, PhD. WMSHP Board Member John Quinn RPh, MS.



Left to right: Gail Subramaniam, Joy Lee, Sue Carr, Michelle Eby, Puri Subramaniam



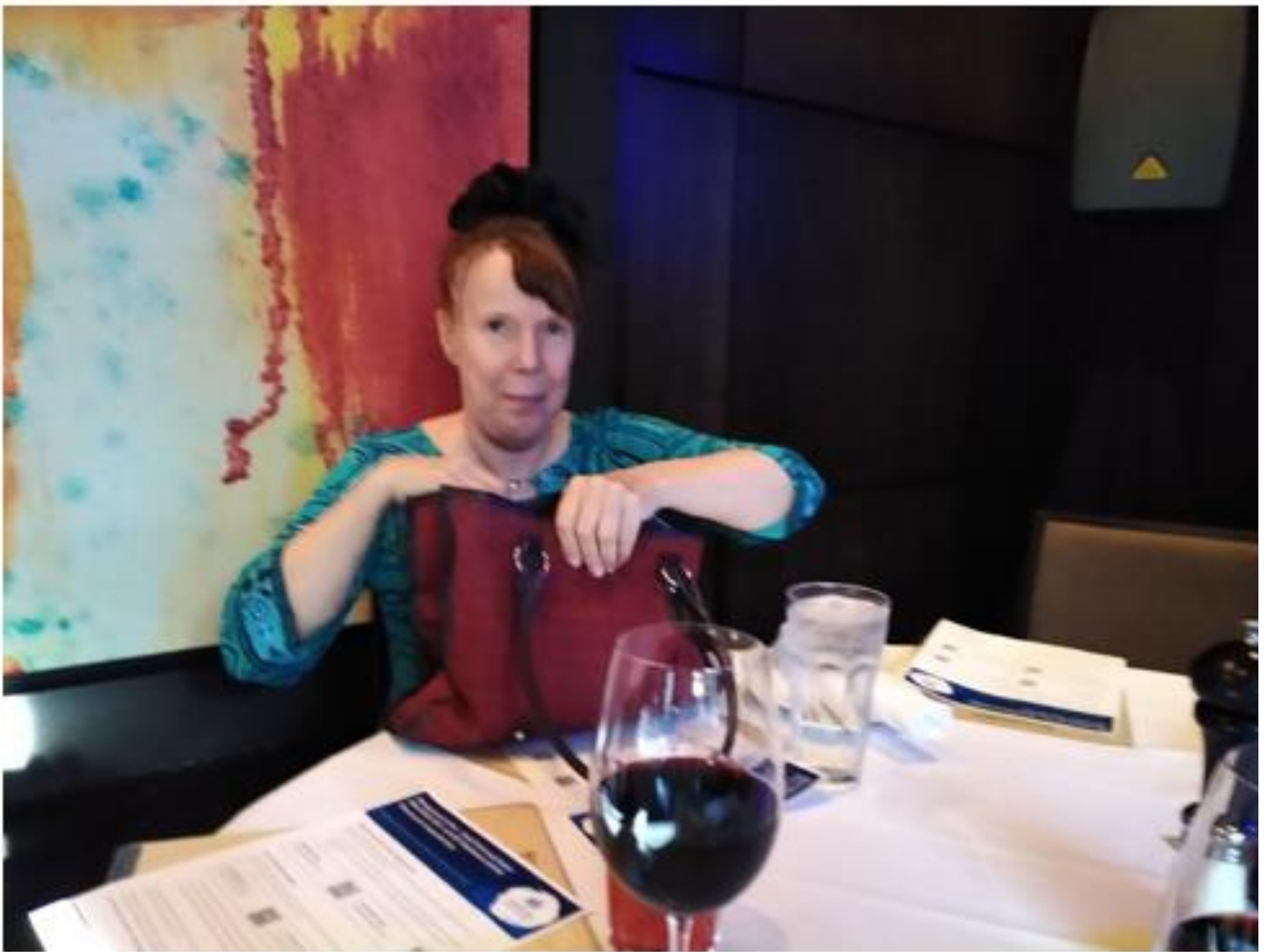
July 31st - Picnic Dr. Mohammed Aldhaeefi from Howard University and a friend.



August 17th - The Stanford Grill - from left to right: former President Ramalingam, President Elect Shelat, Board Member Quinn, and former President Subramaniam



August 17th - The Stanford Grill speaker: Josiah D. Land, PharmD, BCOP Sloan Kettering Cancer Center, New York NY. Topic: Management of Non-Small Cell Lung Cancer with KRAS, Med, and RET Mutations and the Pharmacist's Impactful Role



August 17th – The Stanford Grill - Michelle Eby WMSHP Delegate



August 17th – The Stanford Grill - from left to right: Cai Lam, Evelyne Edwards, and former WMSHP President Mike Edwards



August 17th - Former President Ramalingam



August 17th - Former WMSHP Editor Dominic Solimando



August 17th -Former President Subramaniam, Jimmy Low, and former WMSHP editor Monique Bonhomme, PharmD, MS. BCPS Residency Director Sibley Memorial Hospital



August 17th - Food and Wine at The Stanford Grill

Continued from page 1 Presidents article

After having not been able to host many of the in-person events due to the pandemic, this year in July, we were able to bring back our summer picnic social event at Cabin John's Park in Bethesda, Maryland. It was a very nice event as many of our members got to connect and many of our attendees won raffle prizes! Overall, it was fun and the food was also very good. Special thank you EBoard members John, Meenakshi, Carla, Michelle, and Sue for your help with decoration and all the materials for our theme "Luau." It was as if we were by the beach!

Additionally, we are looking for members who are interested to serve and work with us in several capacities. We are recruiting for the positions of president-elect, secretary, and treasurer. If you have any questions regarding the responsibilities involved or anything else please feel free to contact any of our Eboard members. Our society operates like a family. This is a great group that works to connect members in the DMV and provide high quality educational programs. There are several benefits that come with joining the society so please let us know if you are interested or know anyone that will be interested! You can either email I, Jesse Rung, at jesserkw@gmail.com or our President Elect Meenakshi Shelat ms.wmshp@gmail.com, preferably by October 03, 2022 for any questions about opportunities to serve.

If you have not already done so, please see the attachment and sign up for our Sept 14 seminar.

Thank you so much for your support of WMSHP! See you again soon!

Jesse Rung

WMSHP President 2022

jesserkw@gmail.com

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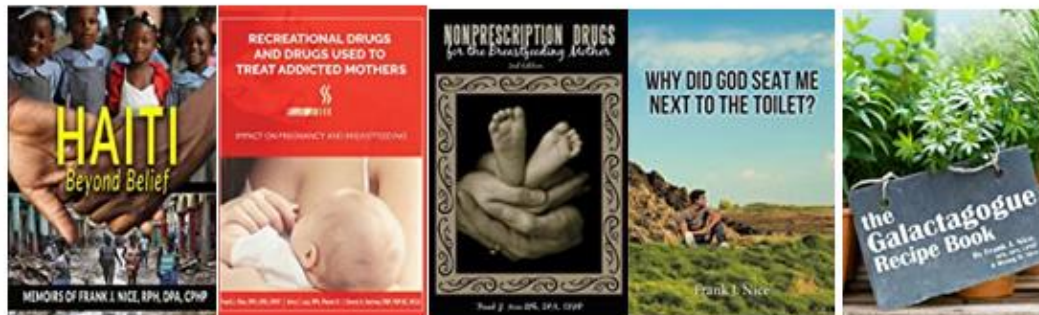


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DR. NICE'S
BOOKS



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Advertising Opportunities

The WMSHP newsletter will start accepting half page advertisements as part of the newsletter.

For small businesses and hospitals, the rate will be \$20 a month or \$100 a year. For drug companies and larger medical related businesses, the rate will be \$30 a month or \$200 a year

Advertisements must be emailed to webwmshp@gmail.com by the 15th of the month to be included in the next newsletter. Both print images are acceptable.